

Nutrient Detail Report

District: Manor ISD

School: Blake Manor Elementary

Menu: Breakfast K-8 SY 19-20

Date Range: August 15, 2019 - August 31, 2019



Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Thu - 08/15/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
French Toast Donut Bites, Whole Grain K-8 (384/case)	1962517	4.00 donut bites	1500	253.333	2.667	16.000	6.667	0.000	360.000	26.667
Biscuit & Sausage Patty, K-12	1962387	1.00 svg (1 biscuit, 1 sausage)	1600	382.014	7.045	26.201	10.567	0.000	832.573	29.000
Cereal, Honey Nut Cheerios W/ 2 pkgs of Graham Crackers	1948447	1.00 bowl w/ 2 pkgs of graham crackers	200	290.000	4.000	5.500	0.000	0.000	370.000	54.000
Cereal, Trix, 25% LS W/ 2 pkgs of Graham Crackers	1948449	1.00 bowl w/ 2 pkgs of graham crackers	300	290.000	3.000	5.500	0.000	0.000	350.000	56.000
Juice, 100%, Variety 4 oz cups (72/case)	1961823	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Pear (135 count)	1277520	1.00 each	900	64.637	0.408	0.159	0.025	0.000	1.134	17.271
Milk, 1% Low Fat, Borden, 1/2 pint	1944613	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	1944753	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	1944755	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000

Jelly, Assorted, portion pac	1948453	1.00 each	1200	25.000	0.000	0.000	0.000	0.000	0.000	0.000	7.000
Weighted Daily Average				480.943	12.261	19.949	7.981	0.000	681.080	64.568	
% of Calories					10.20%	37.33%	14.93%	0.00%		53.70%	

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Fri - 08/16/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Waffle, Dutch, Whole Grain (48 ea/case)	195825 9	1.00 each	2200	300.000	4.000	13.000	3.000	0.000	350.000	43.000
Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	400	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	1000	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Banana, Unpeeled (100-120 count)	131014 9	1.00 each	1100	121.040	1.482	0.449	0.152	0.000	1.360	31.062
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000

Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	0.000	125.000	12.000
Jelly, Assorted, portion pac	194845 3	1.00 each	1500	25.000	0.000	0.000	0.000	0.000	0.000	0.000	7.000
Weighted Daily Average				484.346	11.620	11.415	2.574	0.000	0.000	469.235	86.158
% of Calories					9.60%	21.21%	4.78%	0.00%			71.15%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Mon - 08/19/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Biscuit & Sausage Link, K-8	196229 5	1.00 svg (1 biscuit, 1 link)	1800	280.279	8.519	14.021	6.507	0.000	760.557	29.502
Bagel, Lenders, Whole Grain, 2 oz	194443 1	1.00 bagel	700	140.743	6.032	1.005	0.000	0.000	180.956	29.154
Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	500	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	600	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Pear (135 count)	127752 0	1.00 each	1100	64.637	0.408	0.159	0.025	0.000	1.134	17.271

Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Jelly, Assorted, portion pac	194845 3	1.00 each	1600	25.000	0.000	0.000	0.000	0.000	0.000	7.000
Cream Cheese, 1 oz portion cup	194845 7	1.00 each	700	90.000	1.000	8.000	5.000	0.000	140.000	2.000
Weighted Daily Average				445.312	14.252	11.505	4.886	0.000	667.130	72.225
% of Calories					12.80%	23.25%	9.88%	0.00%		64.88%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Tue - 08/20/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Yogurt Parfait & Muffin	1965515	1.00 serving (1 parfait w/ 1 muffin)	900	414.031	8.831	10.046	2.522	0.000	343.794	74.905
Blueberry Cinnamon Twisted Stix (96/case)	1966508	1.00 stck	1900	190.000	7.000	7.000	2.500	0.000	300.000	24.000
Cereal, Honey Nut Cheerios W/ 2 pkgs of Graham Crackers	1948447	1.00 bowl w/ 2 pkgs of graham crackers	300	290.000	4.000	5.500	0.000	0.000	370.000	54.000

Cereal, Trix, 25% LS W/ 2 pkgs of Graham Crackers	1948449	1.00 bowl w/ 2 pkgs of graham crackers	500	290.000	3.000	5.500	0.000	0.000	350.000	56.000
Juice, 100%, Variety 4 oz cups (72/case)	1961823	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Oranges, Whole W/ Peel (138 count)	1310151	1.00 each	1100	95.254	1.966	0.454	0.053	0.000	3.024	23.436
Milk, 1% Low Fat, Borden, 1/2 pint	1944613	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	1944753	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	1944755	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Weighted Daily Average				438.169	14.697	8.400	2.466	0.000	435.692	77.082
% of Calories					13.42%	17.25%	5.07%	0.00%		70.37%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Wed - 08/21/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Cheese Toast, Home-made, Whole Grain	194443 9	1.00 slice	550	283.963	11.220	13.531	5.683	0.000*	665.126	30.279
Pig 'N A Blanket	194434 1	1.00 each	1600	250.000	8.000	10.000	3.000	0.000	490.000	31.000

Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	650	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	800	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Pear (135 count)	127752 0	1.00 each	800	64.637	0.408	0.159	0.025	0.000	1.134	17.271
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Mustard, Heinz/Americana, 500/5.5 g packets - 1 each	194528 1	1.00 package	1000	5.000	1.000	0.000	0.000	0.000	85.000	1.000
Jelly, Assorted, portion pac	194845 3	1.00 each	1100	25.000	0.000	0.000	0.000	0.000	0.000	7.000
Weighted Daily Average				435.525	14.472	9.839	2.909	0.000*	603.327	73.020
% of Calories					13.29%	20.33%	6.01%	0.00%*		67.06%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Thu - 08/22/2019										
Breakfast K-8 SY 19-20										

		Total	3600							
Chicken Mega Minis Waffle Flavored, Tyson (~149 svgs/case)	196651 0	6.00 pieces	2300	211.967	13.122	11.103	2.019	0.000	322.997	13.122
Mini Cinnis	194433 9	1.00 package	1000	240.000	5.000	8.000	2.000	0.000	300.000	40.000
Cereal, Honey Nut Cheerios W/ 2 pkgs of Graham Crackers	194844 7	1.00 bowl w/ 2 pkgs of graham crackers	200	290.000	4.000	5.500	0.000	0.000	370.000	54.000
Cereal, Trix, 25% LS W/ 2 pkgs of Graham Crackers	194844 9	1.00 bowl w/ 2 pkgs of graham crackers	100	290.000	3.000	5.500	0.000	0.000	350.000	56.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Banana, Unpeeled (100-120 count)	131014 9	1.00 each	1000	121.040	1.482	0.449	0.152	0.000	1.360	31.062
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Ketchup, Low Sodium, Red Gold, 1000/9 gram; as served - 2 each	194527 7	1.00 svg (2 packets)	1000	20.000	0.000	0.000	0.000	0.000	50.000	4.000
Weighted Daily Average				406.268	17.934	10.732	2.388	0.000	445.279	60.040
% of Calories					17.66%	23.77%	5.29%	0.00%		59.11%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Fri - 08/23/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Honey Bun (Goody Bun), WG, Super Bakery (80/case)	196551 1	1.00 each	2500	240.000	5.000	10.000	3.500	0.000	250.000	34.000
Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	600	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	500	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3100	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Oranges, Whole W/ Peel (138 count)	131015 1	1.00 each	1200	95.254	1.966	0.454	0.053	0.000	3.024	23.436
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Weighted Daily Average				427.862	12.655	9.735	3.101	0.000	398.716	74.506
% of Calories					11.83%	20.48%	6.52%	0.00%		69.65%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Mon - 08/26/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Donut, whole grain, mini, Chocolate	195515 3	1.00 pkg	1300	320.000	5.000	15.000	7.000	0.000	270.000	41.000
Donut, Whole Grain, Mini, Powdered	195515 1	1.00 pkg	1200	270.000	4.000	11.000	3.000	0.000	230.000	41.000
Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	600	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	500	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3000	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Oranges, Whole W/ Peel (138 count)	131015 1	1.00 each	1500	95.254	1.966	0.454	0.053	0.000	3.024	23.436
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	100	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Weighted Daily Average				472.189	12.375	11.911	4.203	0.000	397.510	80.793
% of Calories					10.48%	22.70%	8.01%	0.00%		68.44%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Tue - 08/27/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Chorizo, Egg & Cheese Breakfast Taco	1962537	1.00 taco	1000	354.435	23.057	22.831	9.175	0.000	709.637	17.446
Mini Bagels, Strawberry, Pillsbury	1953541	1.00 each	675	230.000	6.000	6.000	2.500	0.000	180.000	41.000
Mini Bagels, Cinnamon, Pillsbury	1953543	1.00 each	600	240.000	6.000	6.000	2.500	0.000	180.000	41.000
Cereal, Honey Nut Cheerios W/ 2 pkgs of Graham Crackers	1948447	1.00 bowl w/ 2 pkgs of graham crackers	650	290.000	4.000	5.500	0.000	0.000	370.000	54.000
Cereal, Trix, 25% LS W/ 2 pkgs of Graham Crackers	1948449	1.00 bowl w/ 2 pkgs of graham crackers	675	290.000	3.000	5.500	0.000	0.000	350.000	56.000
Juice, 100%, Variety 4 oz cups (72/case)	1961823	1.00 each	3000	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Apples, Red Delicious (138 Count)	1948063	1.00 apple	1200	95.004	0.473	0.309	0.055	0.000	2.002	25.134
Milk, 1% Low Fat, Borden, 1/2 pint	1944613	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	1944753	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	1944755	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Salsa, Home-Made, Bulk	1945305	2.00 oz	600	14.581	0.653	0.141	0.022	0.000	104.989	3.199

Weighted Daily Average	461.858	17.525	11.451	3.956	0.000	522.231	74.417
% of Calories		15.18%	22.31%	7.71%	0.00%		64.45%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Wed - 08/28/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Biscuit & Sausage Patty, K-12	196238 7	1.00 svg (1 biscuit, 1 sausage)	2100	382.014	7.045	26.201	10.567	0.000	832.573	29.000
Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	900	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	600	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3000	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Pear (135 count)	127752 0	1.00 each	900	64.637	0.408	0.159	0.025	0.000	1.134	17.271
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000

Jelly, Assorted, portion pac	194845 3	1.00 each	1800	25.000	0.000	0.000	0.000	0.000	0.000	0.000	7.000
Weighted Daily Average				511.779	13.156	18.574	6.879	0.000	750.882	73.623	
% of Calories					10.28%	32.66%	12.10%	0.00%		57.54%	

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Thu - 08/29/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Egg & Cheese Sandwich on a Whole Grain English Muffin (advance pierre 96/case)	196253 5	1.00 sandwich	1000	210.000	9.000	9.000	4.000	0.000	420.000	24.000
Concha, White, Whole Grain, Lux Bakery (48/2.25oz)	196595 7	1.00 each	1500	190.000	4.000	6.000	2.500	0.000	85.000	33.000
Cereal, Honey Nut Cheerios W/ 2 pkgs of Graham Crackers	194844 7	1.00 bowl w/ 2 pkgs of graham crackers	600	290.000	4.000	5.500	0.000	0.000	370.000	54.000
Cereal, Trix, 25% LS W/ 2 pkgs of Graham Crackers	194844 9	1.00 bowl w/ 2 pkgs of graham crackers	500	290.000	3.000	5.500	0.000	0.000	350.000	56.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3000	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Oranges, Whole W/ Peel (138 count)	131015 1	1.00 each	1100	95.254	1.966	0.454	0.053	0.000	3.024	23.436
Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1200	100.000	8.000	2.500	1.500	0.000	125.000	12.000

Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	2000	110.000	8.000	0.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	0.000	125.000	12.000
Weighted Daily Average				394.661	13.295	7.653	2.669	0.000	0.000	374.049	70.244
% of Calories					13.48%	17.45%	6.09%	0.00%			71.19%

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbohydrates (g)
Fri - 08/30/2019										
Breakfast K-8 SY 19-20										
		Total	3600							
Breakfast Burrito Green Chili W/ Egg Cheese & Turkey Sausage (120/case)	196256 5	1.00 burrito	850	259.000	10.880	11.370	3.960	0.000	384.260	28.620
Pancakes, Cinnamon Glaze, IW (80/case)	196650 6	1.00 pkg	2100	220.000	4.000	7.000	1.500	0.000	260.000	35.000
Cereal, Apple Jacks R/S w/ 2 packages of Graham Crackers	194843 5	1.00 bowl w/ 2 pkgs of graham crackers	350	290.000	4.000	5.000	0.500	0.000	370.000	56.000
Cereal, Cinnamon Toast Crunch W/ 2 packages of Graham Crackers	194843 7	1.00 bowl w/ 2 pkgs of graham crackers	300	290.000	3.000	7.000	0.500	0.000	370.000	54.000
Juice, 100%, Variety 4 oz cups (72/case)	196182 3	1.00 each	3000	50.000	0.000	0.000	0.000	0.000	10.000	13.000
Fresh Banana, Unpeeled (100-120 count)	131014 9	1.00 each	1050	121.040	1.482	0.449	0.152	0.000	1.360	31.062

Milk, 1% Low Fat, Borden, 1/2 pint	194461 3	1.00 each	1100	100.000	8.000	2.500	1.500	0.000	125.000	12.000
Milk, Chocolate, Fat Free, Borden 1/2 pint	194475 3	1.00 carton	1900	110.000	8.000	0.000	0.000	0.000	100.000	19.000
Milk, Fat Free, Skim, White, Borden, 1/2 pint	194475 5	1.00 carton	150	80.000	8.000	0.000	0.000	0.000	125.000	12.000
Salsa, Home-Made, Bulk	194530 5	2.00 oz	750	14.581	0.653	0.141	0.022	0.000	104.989	3.199
Weighted Daily Average				413.799	13.109	8.762	2.408	0.000	435.984	71.873
% of Calories					12.67%	19.06%	5.24%	0.00%		69.48%

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	447.726		400/500	Pass		
Protein (g)	13.946	12.46%				
Total Fat (g)	11.660	23.44%				
Saturated Fat (g)	3.868	7.78%	<10	Pass		
Trans Fat (g)	0.000*					
Sodium (mg)	515.093		≤ 540	Pass		
Carbohydrates (g)	73.212	65.41%				

* = Indicates missing Nutrient Information.

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