

High Schools Cycle Menu

FIRST SEMESTER 2019-2020



	MON	TUE	WED	THU	FRI
	VANILLA GRAHAMS W/ YOGURT MINI PANCAKES	POTATO, EGG & CHEESE TACO	CINNAMON ROLL BREAKFAST PIZZA	BISCUIT & SAUSAGE PATTY FRENCH TOAST BITES	EGG & CHEESE MUFFIN W/ SAUSAGE PATTY WAFFLE
WEEK 1	SPAGHETTI W/ GARLIC TOAST SLOPPY JOES BOSCO CHEESE STICKS ASSORTED PIZZAS GARDEN SIDE SALAD ROASTED BROCCOLI MARINARA SAUCE MANGO CALIENTE ICE FRESH APPLES	TEXAS CHEESESTEAK SUB CORN DOG HUMMUS PLATTER BURGERS BURGER SALAD GREEN BEANS CRINKLE CUT FRIES TROPICAL FRUIT MIX FRESH ORANGES CHOCOLATE PUDDING	CHEESY CHICKEN W/ RICE & ROLL MAC & TREES W/ ROLL SRIRACHA CHICKEN W/ RICE & EGG ROLL ASSORTED PIZZAS GOLDEN CAULIFLOWER DILL-ICIOUS CARROTS APPLESAUCE FRESH PEARS	NACHOS W/ SPANISH RICE CRISPY TACOS W/ SPANISH RICE SPICY CHICKEN SALAD CHARRO BEANS LETTUCE, TOMATO, ONION SLICED PEACHES FRESH BANANAS	MEATLOAF W/ BREADSTIX CHICKEN NUGGETS W/ BREADSTIX FISH STICKS W/ BREADSTIX BURGERS BURGER SALAD MASHED POTATOES SWEET POTATO FRIES PEAR HALVES FRESH APPLES SHERBET
WEEK 2	SAUSAGE LINK & BISCUIT BAGEL W/ CREAM CHEESE CHICKEN POT PIE W/ ROLL SRIRACHA CHICKEN W/ RICE & EGG ROLL CHEESE BITES ASSORTED PIZZAS GARDEN SIDE SALAD ROASTED BROCCOLI MARINARA SAUCE CINNAMON APPLES FRESH ORANGES	YOGURT PARFAIT W/ MUFFIN BLUEBERRY MAX STIX POPCORN CHICKEN BOWL W/ ROLL STEAK FINGERS W/ ROLL HUMMUS PLATER BURGERS BURGER SALAD MASHED POTATOES & GRAVY ZUCCHINI PARMESAN SLICED PEACHES FRESH PEARS	CHEESE TOAST PANCAKE ON A STICK CHICKEN SPAGHETTI W/ GARLIC TOAST LASAGNA W/ GARLIC TOAST BAKED POTATO W/ CORN MUFFIN ASSORTED PIZZAS DILL-ICIOUS CARROTS GARDEN SIDE SALAD MANDARIN ORANGES FRESH BANANAS VANILLA PUDDING	BISCUIT & SAUSAGE PATTY MINI CINNAMON ROLLS CHEESE ENCHILADAS W/ SPANISH RICE BURRITO W/ SPANISH RICE GARDEN VEGGIE SALAD REFRIED BEANS LETTUCE, TOMATO, ONION PEAR HALVES FRESH ORANGES GELATIN	HONEY BUN BREAKFAST BURRITO BBQ PORK SANDWICH CHICKEN DRUMSTICK W/ BREADSTIX BURGERS BURGER SALAD WEDGE FRIES CLASSIC SLAW FRUIT COCKTAIL FRESH APPLES
WEEK 3	MINI DONUTS BREAKFAST PIZZA GRILLED CHEESE W/ CHICKEN NOODLE SOUP GENERAL TSOS CHICKEN W/ RICE & EGG ROLL TURKEY & CHEESE SUB ASSORTED PIZZAS GARDEN SIDE SALAD ROASTED BROCCOLI MARINARA SAUCE SLICED PEACHES FRESH APPLES SHERBET	CHORIZO, EGG & CHEESE TACO FRUIT & PANCAKE BOWL CHEESE RAVIOLI W/ GARLIC TOAST PEPPERONI ROLL W/ GARLIC TOAST HUMMUS PLATTER BURGERS BURGER SALAD DILL-ICIOUS CARROTS CAULIFLOWER BLUEBERRY CRISP FRESH PEARS	BISCUIT & SAUSAGE PATTY STEAK COMPUESTO W/ CILANTRO RICE & CHIPS SANTA FE CHICKEN W/ CILANTRO RICE & CHIPS CRISPITOS W/ QUESO ASSORTED PIZZAS GREEN BEANS CORN TROPICAL FRUIT MIX FRESH ORANGES GELATIN	CHICKEN WAFFLE BITES W/ BISCUIT MINI BAGELS NACHOS W/ SPANISH RICE CHEESY BEEF SPANISH MAC W/ SPANISH RICE CILANTRO LIME CHICKEN FAJITA SALAD CHARRO BEANS LETTUCE, TOMATO, ONION FRUIT COCKTAIL FRESH BANANAS SHERBET	PIG N A BLANKET GLAZED PANCAKES MEATBALL SUB FISH TACOS BUFFALO CHICKEN FLATBREAD BURGERS BURGER SALAD CELERY STICKS TATER TOTS MANDARIN ORANGES MANGO CALIENTE ICE
WEEK 4	BISCUIT & SAUSAGE PATTY FRENCH TOAST STICKS FRITO PIE MINI CORN DOGS TERIYAKI CHICKEN W/ RICE & EGG ROLL ASSORTED PIZZAS GARDEN SIDE SALAD ROASTED BROCCOLI SLICED PEACHES FRESH PEARS SHERBET	BEAN & CHEESE TACO FRUDEL PULLED PORK TACOS W/ CILANTRO RICE & CHIPS ASIAN TACOS W/ CILANTRO RICE & CHIPS HUMMUS PLATTER BURGERS BURGER SALAD PINTO BEANS TEXAS SLAW MANDARIN ORANGES FRESH APPLES	YOGURT & BANANA BREAD GLAZED DONUT RING CHICKEN PARMESAN W/ GARLIC TOAST SPICY CHICKEN WINGS W/ GARLIC TOAST MOZZARELLA CHEESE STICKS ASSORTED PIZZAS DILL-ICIOUS CARROTS YELLOW SQUASH MARINARA SAUCE PINEAPPLE TIDBITS FRESH ORANGES	EGGS W/ TOAST & HASHBROWN CHICKEN FAJITAS W/ SPANISH RICE QUESADILLA W/ SPANISH RICE TACO SALAD REFRIED BEANS LETTUCE, TOMATO, ONION FRUIT COCKTAIL FRESH BANANAS VANILLA PUDDING	BREAKFAST SLIDER CONCHA SALISBURY STEAK W/ BREADSTIX CHICKEN TENDERS W/ BREADSTIX TURKEY WRAP BURGERS BURGER SALAD MASHED POTATOES SWEET POTATO FRIES CINNAMON APPLES FRESH ORANGES

*MENU SUBJECT TO CHANGE WITHOUT NOTICE.

CYCLE MENU DATES
 Week 1: Aug 12, Sep 9, Oct 7, Nov 11, Dec 16
 Week 2: Aug 19, Sep 16, Oct 21, Nov 18
 Week 3: Aug 26, Sep 23, Oct 28, Dec 2
 Week 4: Sep 2, Sep 30, Nov 4, Dec 9

IMPORTANT DATES
 Aug 15th - 1st day of school
 Sept 2nd - Labor Day
 Oct 14th-18th - Fall Break
 Nov 25th-29th - Thanksgiving Break
 Dec 23rd - Jan 6th - Winter Break

CEREAL, FRESH FRUIT, 100% JUICE & A VARIETY OF MILK OFFERED DAILY AT BREAKFAST.

BREAKFAST TO ALL STUDENTS = FREE PAID STUDENT LUNCH = \$2.85

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.