

Manor ISD 2019-2020 Middle Schools Cycle Menu

First Semester
Fall: Aug-Dec



School Meal Calendar

AUGUST 2019

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2019

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2019

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

WEEK 1

WEEK 2

WEEK 3

WEEK 4

MON

Cinnamon Bites W/ Yoqurt
Mini Pancakes

Pulled Pork Tacos
Hamburger/Cheeseburger
Burger Salad
Baby Carrots
Wedge Fries
Mandarin Oranges
Fresh Apples

Sausage Link & Biscuit
Bagel W/ Cream Cheese

Meatloaf
Chicken Drumstick
Spicy Chicken Wings
Breadsticks
Roasted Broccoli
Mashed Potatoes
Cinnamon Apples
Fresh Oranges

Mini Donuts

Chicken Parmesan
Steak Fingers
Garlic Toast
Cauliflower
Green Beans
Sliced Peaches
Fresh Apples

Breakfast Pizza
French Toast Sticks

Grilled Cheese
Turkey & Cheese Sub
Popcorn Chicken Salad
Chicken Noodle Soup
Garden Side Salad
Marinara Sauce
Baby Carrots
Sliced Peaches
Mango Caliente Ice

TUES

Potato, Egg & Cheese Taco
Cream Cheese Bar

Spaghetti
Sriracha Chicken W/ Rice
Cheese Breadsticks
Garden Side Salad
Yellow Squash
Marinara Sauce
Tropical Fruit Mix
Fresh Oranges

Yoqurt Parfait W/ Muffin
Blueberry Max Stix

Steak Compuesto
Asian Tacos
General Tsos Chicken
Cilantro Lime Rice
Asian Side Salad
Corn
Sliced Peaches
Fresh Pears

Chorizo, Egg & Cheese Taco
Mini Bagels

Sriracha Chicken W/ Rice
Chicken Alfredo
Corn Dog
Dill-icious Carrots
Roasted Broccoli
Blueberry Crisp
Fresh Pears

Bean & Cheese Taco
Frudel

Mac & Trees
Lasagna
Chili Cheese Potato
Dinner Roll
Green Beans
Garden Side Salad
Mandarin Oranges
Fresh Apples

WED

Cinnamon Roll

Cheesy Chicken W/ Rice
Cheese Ravioli
Chicken Tenders
Dinner Roll
Corn
Roasted Broccoli
Applesauce
Fresh Pears

Cheese Toast
Pig N A Blanket

Chicken Pot Pie
Hot Dog
Pizza
Celery Sticks
Garden Side Salad
Mango Caliente Ice
Fresh Bananas

Biscuit & Sausage Patty

Frito Pie
Santa Fe Chicken
Pizza
Garden Side Salad
Charro Beans
Corn
Tropical Fruit
Fresh Oranges

Yoqurt Parfait W/ Banana Bread
Glazd Donut

Chicken Spaghetti
Cheese Bites
Pepperoni Roll
Garlic Toast
Roasted Broccoli
Corn
Marinara Sauce
Pineapple Tidbits
Fresh Oranges

THU

Biscuit & Sausage Patty
French Toast Bites

Nachos
Crispitos
Spanish Rice
Charro Beans
Lettuce, Tomato, Onion
Sliced Peaches
Fresh Bananas

Chicken Waffle Bites
Mini Cinnamon Rolls

Beef & Cheese Mac
Burrito
Taco Salad W/ Chips
Refried Beans
Garden Side Salad
Pear Halves
Fresh Oranges
Sherbet

Egg & Cheese Muffin
Concha

Cheese Enchiladas
Crispy Beef Tacos
Spanish Rice
Black Beans
Jicama
Fruit Cocktail
Fresh Bananas

Eggs W/ Hashbrown
& Toast

Chicken Fajitas
Quesadilla
Spanish Rice
Refried Beans
Lettuce, Tomato, Onion
Fruit Cocktail
Fresh Bananas

FRI

Waffle

No-So-Sloppy Joes
Mini Corn Dogs
Chicken Burgers
Burger Salad
Cauliflower
Crinkle Cut Fries
Pear Halves
Fresh Apples

Honey Bun

Meatball Sub
Turkey Wrap
Hamburger/Cheeseburger
Burger Salad
Sweet Potato Fries
Zucchini Parmesan
Fruit Cocktail
Fresh Apples

Breakfast Burrito
Glazed Pancakes

BBQ Pulled Pork Sandwich
Fish Tacos
Chicken Burgers
Classic Coleslaw
Burger Salad
Wedge Fires
Mandarin Oranges
Fresh Pears

Fruit & Pancake Bowl

Salisbury Steak
Chicken Nuggets
Fish Sticks
Breadsticks
Mashed Potatoes
Celery Sticks
Cinnamon Apples
Fresh Oranges

Menu subject to change without notice.

Questions? 512-278-4080

This institution is an equal opportunity provider.