

# Middle Schools Cycle Menu

## FIRST SEMESTER 2019-2020



	MON	TUE	WED	THU	FRI
<b>WEEK 1</b>	CINNAMON BITES W/ YOGURT MINI PANCAKES PULLED PORK TACOS HAMBURGER CHEESEBURGER BURGER SALAD BABY CARROTS WEDGE FRIES MANDARIN ORANGES FRESH APPLES	POTATO, EGG & CHEESE TACO CREAM CHEESE BAR SPAGHETTI SRIRACHA CHICKEN W/ RICE CHEESE BREADSTICKS MARINARA SAUCE GARDEN SIDE SALAD YELLOW SQUASH TROPICAL FRUIT MIX FRESH ORANGES	CINNAMON ROLL CHEESY CHICKEN W/ RICE CHEESE RAVIOLI CHICKEN TENDERS DINNER ROLL ROASTED BROCCOLI CORN APPLESAUCE FRESH PEARS	BISCUIT & SAUSAGE PATTY FRENCH TOAST BITES NACHOS CHICKEN CRISPITO SPANISH RICE CHARRO BEANS LETTUCE, TOMATO, ONION SLICED PEACHES FRESH BANANA	WAFFLE NOT-SO-SLOPPY JOES MINI CORN DOGS CHICKEN BURGERS BURGER SALAD CAULIFLOWER CRINKLE CUT FRIES PEAR HALVES FRESH APPLES
<b>WEEK 2</b>	SAUSAGE LINK & BISCUIT BAGEL W/ CREAM CHEESE MEATLOAF CHICKEN DRUMSTICK SPICY CHICKEN WINGS BREADSTICKS MASHED POTATOES ROASTED BROCCOLI CINNAMON APPLES FRESH ORANGES	YOGURT PARFAIT W/ MUFFIN STEAK COMPUESTO ASIAN TACOS GENERAL TSO'S CHICKEN CILANTRO LIME RICE ASIAN SIDE SALAD CORN SLICED PEACHES FRESH PEARS	CHEESE TOAST PIG N A BLANKET CHICKEN POT PIE HOT DOG ASSORTED PIZZAS CELERY STICKS GARDEN SIDE SALAD MANGO CALIENTE ICE FRESH BANANAS	CHICKEN WAFFLE BITES MINI CINNAMON ROLLS CHEESY BEEF SPANISH MAC BURRITO TACO SALAD SPANISH RICE REFRIED BEANS LETTUCE, TOMATO, ONION PEAR HALVES FRESH ORANGES SHERBET	HONEY BUN MEATBALL SUB TURKEY WRAP BURGERS BURGER SALAD SWEET POTATO FRIES ZUCCHINI PARMESAN FRUIT COCKTAIL FRESH APPLES
<b>WEEK 3</b>	MINI DONUTS CHICKEN PARMESAN STEAK FINGERS GARLIC TOAST CAULIFLOWER GREEN BEANS SLICED PEACHES FRESH APPLES	CHORIZO, EGG & CHEESE TACO MINI BAGELS SRIRACHA CHICKEN W/ RICE CHICKEN ALFREDO CORN DOG DILL-ICIOUS CARROTS ROASTED BROCCOLI BLUEBERRY CRISP FRESH PEARS	BISCUIT & SAUSAGE PATTY FRITO PIE SANTA FE CHICKEN ASSORTED PIZZAS GARDEN SIDE SALAD CHARRO BEANS CORN TROPICAL FRUIT MIX FRESH ORANGES	EGG & CHEESE MUFFIN CONCHA CHEESE ENCHILADA CRISPY TACOS SPANISH RICE BLACK BEANS JICAMA FRUIT COCKTAIL FRESH BANANAS	BREAKFAST BURRITO GLAZED PANCAKES BBQ PULLED PORK SANDWICH FISH TACOS CHICKEN BURGERS BURGER SALAD CLASSIC COLESLAW WEDGE FRIES MANDARIN ORANGES FRESH PEARS
<b>WEEK 4</b>	BREAKFAST PIZZA FRENCH TOAST STICKS GRILLED CHEESE TURKEY & CHEESE SUB POPCORN CHICKEN SALAD CHICKEN NOODLE SOUP GARDEN SIDE SALAD BABY CARROTS MARINARA SAUCE SLICED PEACHES MANGO CALIENTE ICE	BEAN & CHEESE TACO FRUDEL MAC & TREES LASAGNA CHILI CHEESE POTATO DINNER ROLL GREEN BEANS GARDEN SIDE SALAD MANDARIN ORANGES FRESH APPLES	YOGURT & BANANA BREAD GLAZED DONUT RING CHICKEN SPAGHETTI CHEESE BITES PEPPERONI ROLL GARLIC TOAST ROASTED BROCCOLI CORN MARINARA SAUCE PINEAPPLE TIDBITS FRESH ORANGES	EGGS W/ TOAST & HASHBROWN CHICKEN FAJITAS QUESADILLA SPANISH RICE REFRIED BEANS LETTUCE, TOMATO, ONION FRUIT COCKTAIL FRESH BANANAS	FRUIT & PANCAKE BOWL SALISBURY STEAK CHICKEN NUGGETS FISH STICKS BREADSTICKS MASHED POTATOES CELERY STICKS CINNAMON APPLES FRESH ORANGES

\*MENU SUBJECT TO CHANGE WITHOUT NOTICE.

### CYCLE MENU DATES

- Week 1: Aug 12, Sep 9, Oct 7, Nov 11, Dec 16
- Week 2: Aug 19, Sep 16, Oct 21, Nov 18
- Week 3: Aug 26, Sep 23, Oct 28, Dec 2
- Week 4: Sep 2, Sep 30, Nov 4, Dec 9

### IMPORTANT DATES

- Aug 15th - 1st day of school
- Sept 2nd - Labor Day
- Oct 14th-18th - Fall Break
- Nov 25th-29th - Thanksgiving Break
- Dec 23rd - Jan 6th - Winter Break

**CEREAL, FRESH FRUIT, 100% JUICE & A VARIETY OF MILK OFFERED DAILY AT BREAKFAST.**

**Breakfast to all students = FREE  
Paid Student Lunch = \$2.85**