

# Elementary, K-5 Cycle Menu

## FIRST SEMESTER 2019-2020



WEEK 1

WEEK 2

WEEK 3

WEEK 4

**MON**

**TUE**

**WED**

**THU**

**FRI**

CINNAMON BITES W/ 4OGURT  
MINI PANCAKES

POTATO, EGG & CHEESE TACO  
CREAM CHEESE BAR

CINNAMON ROLL

BISCUIT & SAUSAGE PATTY  
FRENCH TOAST BITES

WAFFLE

NOT-SO-SLOPPY JOES  
HOT DOG  
TURKEY & CHEESE SUB  
GREEN BEANS  
CRINKLE CUT FRIES  
MANDARIN ORANGES  
FRESH APPLES

CHEESY CHICKEN W/ RICE  
CHEESE RAVIOLI  
DINNER ROLL  
DILL-ICIOUS CARROTS  
CORN  
TROPICAL FRUIT MIX  
FRESH ORANGES

CHICKEN DRUMSTICK  
CHICKEN NUGGETS  
GARLIC TOAST  
MASHED POTATOES  
STEAMED BROCCOLI  
APPLESAUCE  
FRESH PEARS

NACHOS  
QUESADILLA  
SPANISH RICE  
CHARRO BEANS  
LETTUCE, TOMATO, ONION  
SLICED PEACHES  
FRESH BANANA

PIZZA  
4OGURT & CHEESE PLATE  
GARDEN SIDE SALAD  
CELERY STICKS  
PEAR HALVES  
FRESH APPLES

SAUSAGE LINK & BISCUIT  
BAGEL W/ CREAM CHEESE

4OGURT PARFAIT W/  
MUFFIN

CHEESE TOAST  
PIG N A BLANKET

CHICKEN WAFFLE BITES  
MINI CINNAMON ROLLS

HONEY BUN

MAC & TREES  
CORN DOG  
POPCORN CHICKEN SALAD  
DINNER ROLL  
BABY CARROTS  
GREEN BEANS  
CINNAMON APPLES  
FESH ORANGES

SPAGHETTI  
CHICKEN NUGGETS  
GARLIC TOAST  
CAULIFLOWER  
CORN  
SLICED PEACHES  
FRESH PEARS

CHICKEN TERIYAKI W/ RICE  
HOT POCKET  
CHEESE BREADSTICKS  
STEAMED BROCCOLI  
GARDEN SIDE SALAD  
MANGO CALIENTE ICE  
FRESH BANANAS

BEEF SOFT TACOS  
BURRITO  
SPANISH RICE  
PINTO BEANS  
LETTUCE, TOMATO, ONION  
PEAR HALVES  
FRESH ORANGES

HAMBURGER  
CHEESEBURGER  
CHICKEN BURGER  
BURGER SALAD  
WEDGE FRIES  
FRUIT COCKTAIL  
FRESH APPLES

MINI DONUTS

CHORIZO, EGG & CHEESE TACO  
MINI BAGELS

BISCUIT & SAUSAGE PATTY

EGG & CHEESE MUFFIN  
CONCHA

BREAKFAST BURRITO  
GLAZED PANCAKES

TANGERINE CHICKEN W/ RICE  
MINI CORN DOGS  
STEAMED BROCCOLI  
DILL-ICIOUS CARROTS  
SLICED PEACHES  
FRESH APPLES

CHICKEN TENDERS  
STEAK FINGERS  
BREADSTICKS  
MASHED POTATOES  
GARDEN SIDE SALAD  
BLUEBERRY CRISP  
FRESH PEARS

BEEF & CHEESE MAC  
MOZZARELLA STICKS  
GREEN BEANS  
YELLOW SQUASH  
TROPICAL FRUIT MIX  
FRESH ORANGES

CHEESE ENCHILADA  
CRISPY TACOS  
SPANISH RICE  
PINTO BEANS  
JICAMA STICKS  
FRUIT COCKTAIL  
FRESH BANANAS

PIZZA  
CHICKEN ALFREDO  
GARDEN SIDE SALAD  
CELERY STICKS  
MANDARIN ORANGES  
FRESH PEARS

BREAKFAST PIZZA  
FRENCH TOAST STICKS

BEAN & CHEESE TACO  
FRUDEL

4OGURT & BANANA BREAD  
GLAZED DONUT RING

EGGS W/ TOAST &  
HASHBROWN

FRUIT & PANCAKE  
BOWL

FRITO PIE  
GRILLED CHEESE  
GARDEN SIDE SALAD  
CORN  
MARINARA SAUCE  
SLICED PEACHES  
MANGO CALIENTE ICE

PIZZA CRUNCHERS  
CHILI CHEESE POTATO W/  
CORN BREAD  
BABY CARROTS  
STEAMED BROCCOLI  
PINEAPPLE TIDBITS  
FRESH ORANGES

CHICKEN SPAGHETTI  
LASAGNA  
FISH STICKS  
GARLIC TOAST  
ZUCCHINI PARMESAN  
GREEN BEANS  
MANDARIN ORANGES  
FRESH APPLES

CHICKEN FAJITAS  
CHICKEN CRISPITO  
SPANISH RICE  
REFRIED BEANS  
LETTUCE, TOMATO, ONION  
FRUIT COCKTAIL  
FRESH BANANAS

HAMBURGER  
CHEESEBURGER  
CHICKEN BURGER  
BURGER SALAD  
SWEET POTATO FRIES  
CINNAMON APPLES  
FRESH ORANGES

*\*MENU SUBJECT TO CHANGE WITHOUT NOTICE.*

### CYCLE MENU DATES

Week 1: Aug 12, Sep 9, Oct 7, Nov 11, Dec 16

Week 2: Aug 19, Sep 16, Oct 21, Nov 18

Week 3: Aug 26, Sep 23, Oct 28, Dec 2

Week 4: Sep 2, Sep 30, Nov 4, Dec 9

### IMPORTANT DATES

Aug 15th - 1st day of school

Sept 2nd - Labor Day

Oct 14th-18th - Fall Break

Nov 25th-29th - Thanksgiving Break

Dec 23rd - Jan 6th - Winter Break



**CEREAL, FRESH FRUIT, 100% JUICE & A VARIETY OF MILK OFFERED DAILY AT BREAKFAST.**

**Breakfast to all students = FREE  
Paid Student Lunch = \$2.60**

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